Mental Health and Addiction EMERGENCY
A mental health and/or addiction emergency is a life-threatening situation. An immediate response from law enforcement or medics is needed. A person may be actively trying to harm themselves or someone else. In other situations, a person may be out of touch with reality, be unable to function properly, or may be out of control.

Examples of mental health and addiction emergencies are:
• Active suicide threat.
• Threatening harm to self or others.
• Self-injury that needs medical attention.
• Severe intoxication.
• Inability to care for oneself.
• Apparent drug overdose.

If someone is having a mental health and/or addiction emergency, CALL 911.

What to expect when you call 911:
• A dispatcher will answer your call and ask about your emergency.
• Local law enforcement or paramedics will be sent to your location.
• In some cases, a crisis intervention team will accompany law enforcement.
• You will get help dispatched immediately.
• You may be transferred to 988, if appropriate.

Mental Health and Addiction CRISIS
A mental health and/or addiction crisis is not a life-threatening situation. Intervention may be possible without an immediate response by law enforcement or medics. A person may be thinking about hurting themselves or someone else or may be extremely emotionally upset or distressed.

Examples of a mental health and addiction crises are:
• Talking about suicide or planning to harm oneself.
• Talking about harm to self or others.
• Self-injury that doesn’t need immediate medical attention.
• Overuse of alcohol or other drugs.
• Extreme depression, anxiety, or other mental illness symptoms.

If someone is having a mental health and/or addiction crisis, CALL 988.

What to expect when you call 988:
• A trained professional will answer your call.
• The professional will ask you to describe your crisis.
• In many cases, the professional will assist you over the phone and link you to additional care as necessary.
• In some cases, a mobile team will be sent to your location.
• If necessary, the person experiencing a crisis will be taken to a stabilization facility.
• You may be transferred to 911, if needed.

mha.ohio.gov/988