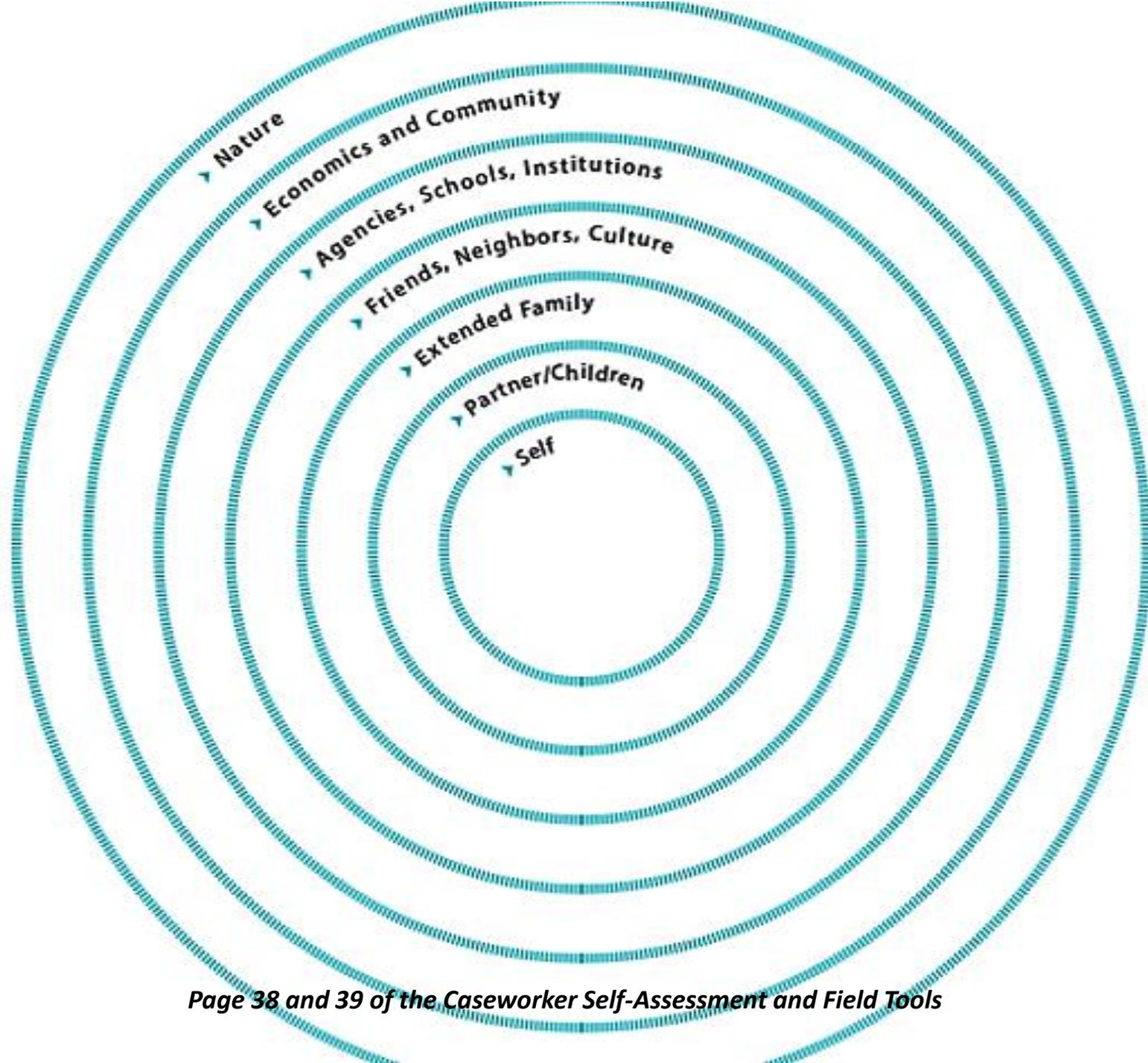


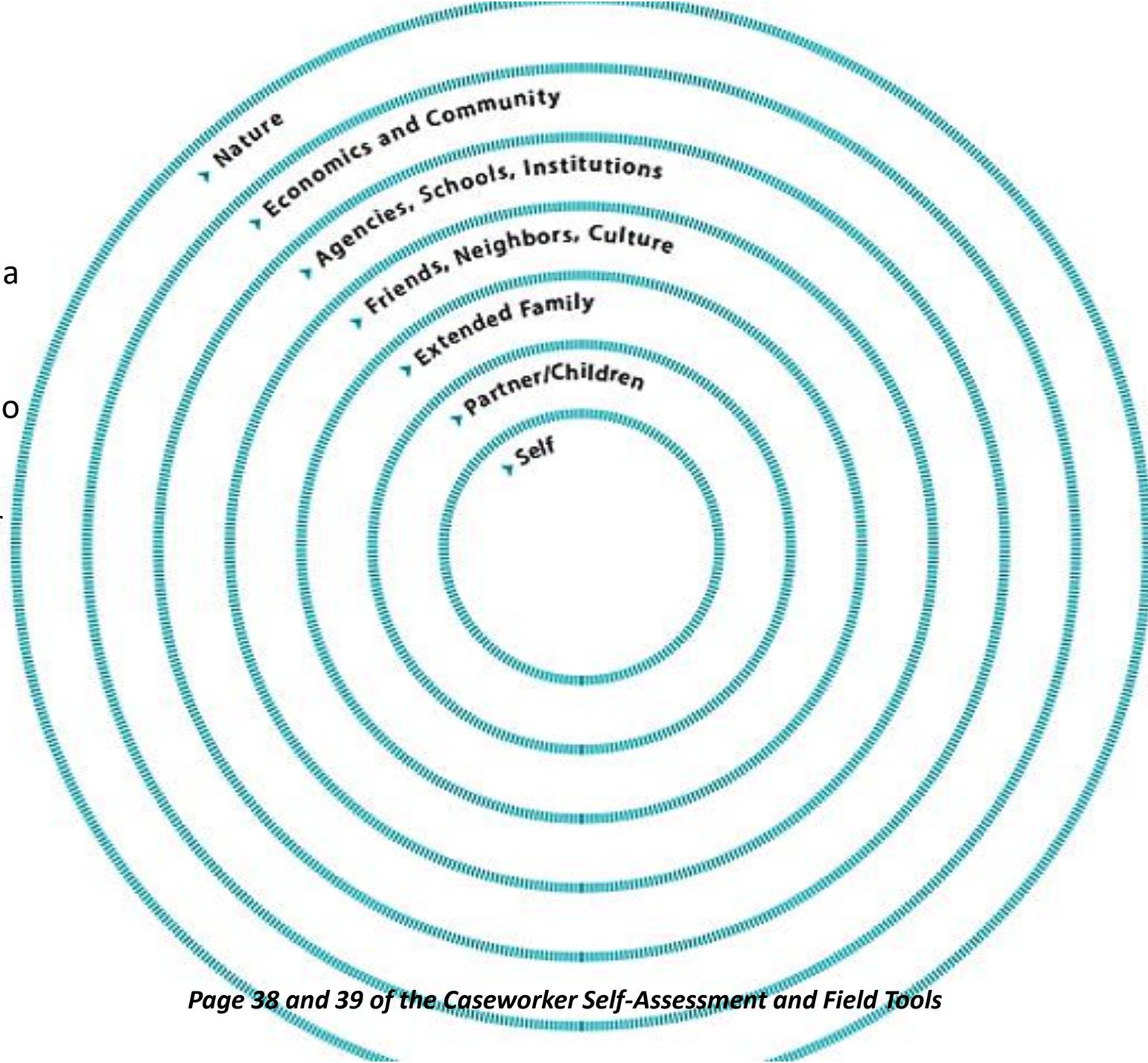
Family Circles Tool

- **Goal:** As a family plot out the people and influences that make up your world.
- **Self:** Personal strengths and challenges, your inner belief system, likes/dislikes, influences.
- **Partner/Children:** This circle should include who you live with and consider your immediate family. Note their strengths and challenges.
- **Extended Family:** Other family members in your life such as parents, siblings, aunts/uncles, and cousins. How do they support you? How do they hold you back?

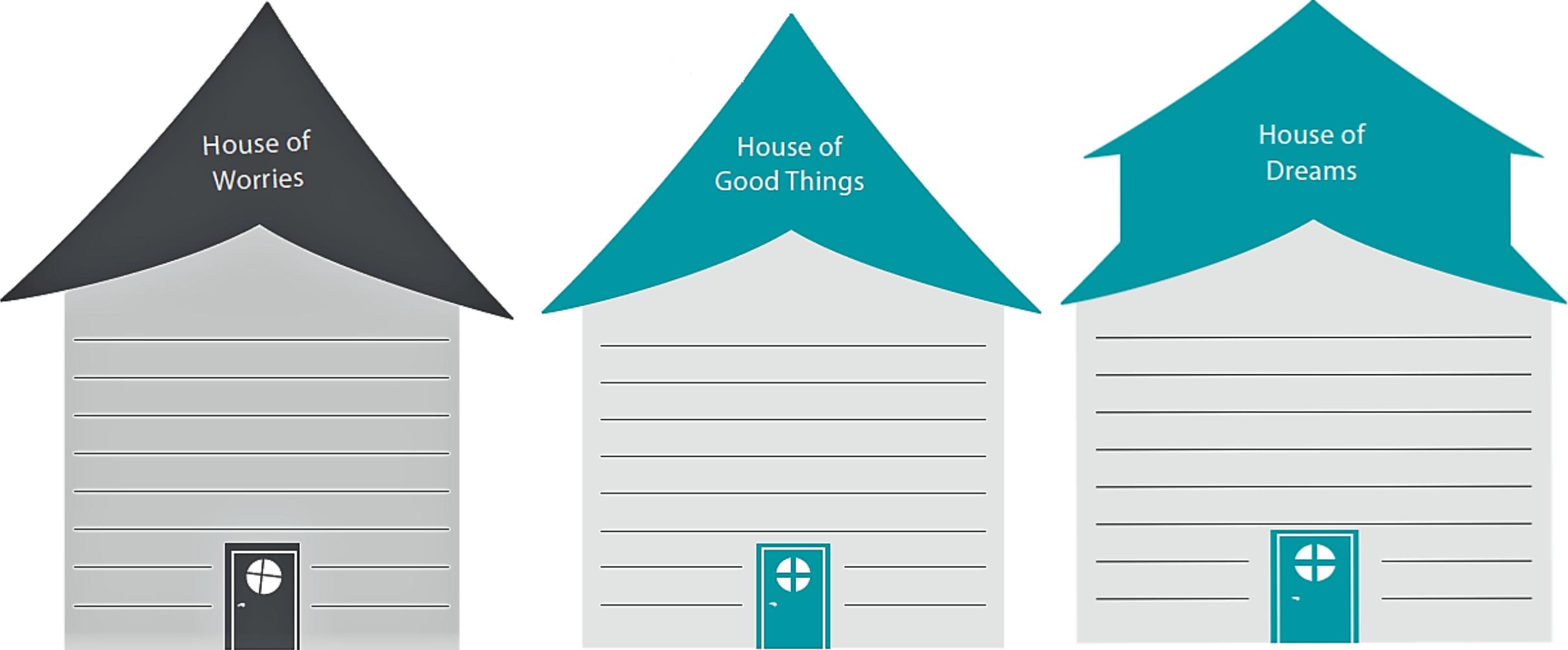


Family Circles Tool

- **Friends, Neighbors, & Culture:** This may also include informal care providers, cultural or religious groups, or acquaintances you have a relationship with by choice. List positive and negative impacts.
- **Agencies, Schools, & Institutions:** People who are in your life because it's their job. I.e. Teachers, case managers, service providers, supervisors/ coworkers. What is beneficial or a hindrance about each relationship?
- **Economics & Community:** List economic influences such as employment status, public assistance services, etc. Describe your community and how it impacts your family's well-being.
- **Natural Environment:** List how the natural environment and its condition affects your family. I.e. If your child has asthma caused by air pollution, if you live near a park or lake, etc.



Three Houses Assessment Tool



Adapted from Weld, N. (2008) The three houses tool: building safety and positive change. In M. Calder (Ed.) Contemporary risk assessment in safeguarding children, Lyme Regis,,: Russell House Publishing

Scaling Questions

- Ask the parent or child to identify a number between 1 and 10 to assess and evaluate perceptions of situations.
- Works for children as young as 4 years old.
- Helps to:
 - Assess families' perception about the seriousness of a problem
 - Measure progress over time
 - Determine level of motivation for change
 - Move past resistance and engagement challenges with clients

