

FACT SHEET

Ohio Family Nutrition Program

What is the Ohio Family Nutrition Program?

The Ohio Family Nutrition Program has two components: nutrition education and the Summer Food Service Program. The education component offers classes on basic nutrition, food safety, food preparation, thrifty food shopping, physical activity and other topics to improve the nutrition of families and individuals who are eligible for food assistance. Classes are offered for both adults and youth, through a partnership between the Ohio Department of Job and Family Services and The Ohio State University Extension.

Who is eligible for Ohio's Family Nutrition Program?

Anyone who is eligible for or already receiving benefits through the federal Supplemental Nutrition Assistance Program (known locally as the Ohio Food Assistance Program) is also eligible for the Family Nutrition Program. This includes:

- Parents (including adolescents and pregnant teens in out-of-school settings)
- Adults without children
- Older adults ages 60 and up
- Youth participating in the Summer Food Service Program

Where are the classes held?

The location and content of classes are based on the needs of each area and vary from county to county. Often the classes for youth are offered at Summer Food Service Program sites. To find out what is being offered in your area, visit http://jfs.ohio.gov/factsheets/county_program_map_contacts.pdf and call the number associated with your county.

What is the Summer Food Service Program?

The Summer Food Service Program offers free and reduced-price meals to low-income children in some areas when school is not in session. To find out if the Summer Food Service Program is offered in your area, go to http://jfs.ohio.gov/factsheets/county_program_map_contacts.pdf and call the number associated with your county.