

Milk Tips



Whole Homogenized Vitamin D Fortified Cow's Milk:

- Serve to children 12-24 months old
- Can be frozen and used for tooth preservation

General Tips:

- Can serve with all meals
- If frozen, thaw in refrigerator 3-5 days or thaw at room temperature 4-6 hours, maximum
- Do not refreeze
- Have a care plan for milk allergies
- Reheat or serve bottles again only if the child has not been directly fed from it



1% or Skim Vitamin A & D Fortified Milk:

- Can be served to children older than 24 months
- Can be frozen and used for tooth preservation



Non-Cow Milk Substitutions:

- May be served to children over 12 months old with written parental consent
- Can be frozen
- **Cannot** be used for tooth preservation



***Do not use for a beverage Nonfat Dry Milk**

Please refer to:

- Family Child Care OAC Rule 5101:2-13-22; Tooth Preservation OAC Rule 5101:2-13-16
- Child Care Centers OAC Rule 5101:2-12-22; Tooth Preservation OAC Rule 5101:2-12-16



Formula/Breastmilk:

- Serve to children under 12 months old
- May be served to children over 12 months at the parent's request
- Can be frozen

See guidelines for storing and thawing in OAC Rules 5101:2-13-23 (family child care) and 5101:2-12-23 (child care centers).