



Pause for a child

Every child deserves a healthy and happy childhood. You can help keep your child safe from abuse by teaching your child:

- The difference between good, bad and secret touching.
- To always tell you if another adult asks him to keep secrets.
- You will believe her if she tells you someone has touched her inappropriately, or made her feel uncomfortable.
- She has the right to say “No” if someone tries to touch her inappropriately.

Keeping your child safe also means understanding.

- Most sexual predators are not strangers to your child or to your family.
- It can be dangerous to leave your child in the care of someone you don't know well or someone who makes you feel uncomfortable.
- You must encourage open and honest communication with your child so he will feel comfortable sharing details about stressful situations with you.
- If your child reports inappropriate touching or abuse, you should immediately seek help from social services or the police.

