



Pause for a child

Becoming a dad is a privilege, and the neatest thing about your role is that, for the most part, you get to decide how to fill it.

When your child is an infant, it's easy to consider leaving the nurturing to Mom. However, your baby grew familiar with your voice before being born. Take time to cuddle and talk to him about his future.

When your daughter is a toddler, you're her hero. Tell her often that she's special. Have "tea" with her sometimes.

Read child development material along with Mom to know what to expect at every age. One size fits all advice doesn't work when it comes to parenting. It's best to try age appropriate tips that fit your child's personality and your family's circumstances.

As your family expands and your children grow older, you may find work and family life hard to balance. Carve out some special time, whether it's reading a nightly bedtime story or visiting the park once a week. Schedule a regular night where everyone stays in to play board games or watch movies.

You are your son's best role model for the kind of man to become and your daughter's for the kind of man she may someday marry.

You have the opportunity to teach your children to be respectful, kind and productive people. Most importantly, you have the chance to tell and show them often that you love them.

