

30 Days of (low-cost) FAMILY FUN!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Head outside to enjoy nature . A park or even your own yard will offer the chance to search for bugs, plants, animals and more.	Need more ideas? Ask your own kids! They might have a great, NEW idea for family fun.	After school and work, spend the evening outside . Grab blankets and a picnic dinner and stargaze together.	Find a local path or park for an after-dinner walk or bike ride . This is great conversation time with kids!	Family pizza night: mix 2 ½ C flour, 3 tsp baking powder, 1 tsp salt. Add ¾ C water and knead. Add toppings and bake 425 °F for 10 min. Yum!	Visit your local Home Depot on the first Saturday of the month. They offer a FREE project and class for kids.
Call your local movie theater and ask about free or low-cost Family Movie Fest .	Don't recycle that Sunday newspaper just yet! Read it together and search for free family events in the week ahead.	Jumpstart dinner conversation: go around the table and ask each person what they liked best about their day.	Stop by your bank and help your child open a savings account in their name.	Rainy day? Put on boots and head outside for puddle jumping . Then change into pajamas early and enjoy hot cocoa.	Plan a movie night . Search TV listings during the week for a family movie, or rent a video. Turn off the lights, cuddle and share the popcorn.	Hit the Museums! In Columbus, the Art Museum is FREE on Sundays!
Have a picnic in the park (then hit the great playgrounds!)	Make play-dough! Mix 1 C cold water, 1 C salt, 2 t veg. oil; slowly add mix of 2 C flour and 2 T cornstarch. Knead with flour on your hands.	Have each child choose a relative, then write a letter or draw a picture and put it in the mail. They'll love getting mail in return!	Have a dance off night . Move your furniture out of the way, play some favorite family tunes, and get moving!	Surprise your kids by pulling out photo albums , home movies and baby books. Talk about favorite family memories together.	Volunteer as a family. Not only is it free, but it's a great way to teach your children to help others.	Miss the mall? Give each child just a few dollars and hit a local yard sale to see what treasures you can find.
Make a visit to your local Zoo!	Make ice cream! Mix 1 C milk, 1 tsp vanilla in a qt. ziploc bag. In a gallon bag, mix ice and 1/3 C salt. Put small bag inside, shake for 5 min. Eat!	Buy a packet of seeds and plant a garden! Live in an apartment? You can grow herbs, beans and tomatoes on a windowsill.	Create your own art gallery . Supply the paint and paper, and be sure to display. Kids will love the attention their art gets!	Find a free outdoor concert . (Try your local rec center or park info.) Pack a dinner and start the weekend enjoying music together.	Rainy night? Go camping inside . Make tents with sheets, set up sleeping bags, talk and share snacks until you fall asleep.	Get wet! Fill buckets or a pool with water, get out bowls and cups, then pour, splash, spray! Mix in dish soap to make your own bubbles.
Plan a family game night , choosing fun games where all can play and win. Try Twister ... cut out colored circles, put on floor and go!	Bake a dessert together. Make an extra batch and take a surprise delivery to a neighbor or friend!	Hit the library. It's FREE , and offers more than just books. Check out videos and music, and attend book clubs and other events.				