



Managing and Preventing Illness

Ohio Administrative Code (OAC) 5101:2-14-13 & 5101:2-14-16
October, 2015

SANITARY EQUIPMENT AND ENVIRONMENT RULE SUMMARY

Providers are required to wash their hands with liquid soap and water in the following situations (this is not an all inclusive list):

- After toileting or assisting a child with toileting
- After a diaper/pull up change
- After contact with bodily fluids or cleaning up spills or objects contaminated with bodily fluids
- Before eating, serving or preparing food or bottles or feeding a child

A licensed Type B Home provider must provide a clean environment, furniture, materials and equipment which are sanitary. The home must be cleaned daily and kept in a sanitary condition at all times. Cleaning and sanitizing may not take place while rooms are occupied by children, except for general cleanup activities such as sweeping/vacuuming, which are part of the daily routine. The provider must also provide a smoke free environment for the children during the hours that child care is being provided (according to Appendix C of OAC rule 5101:2-14-13).

TIPS TO HELP MAINTAIN SANITARY EQUIPMENT AND ENVIRONMENT COMPLIANCE

- Supervise children's handwashing after they use the toilet and before they eat.
- Let them see you wash your hands throughout the day and wash your hands with them.
- Keep a stool by the sink so the children can reach the sink easily.
- Use a kitchen timer or hour glass to time the handwashing.
- Use soap that smells good or "dirt detector" soaps.
- Sing handwashing songs such as "Head, shoulders, knees and toes".

INFLUENZA PREVENTION AND CONTROL

Influenza (also known as the flu) is a highly contagious viral disease that attacks an individual's respiratory system. According to the American Academy of Pediatrics, some symptoms of the flu include: sudden onset of fever, abdominal pain, chills, cough, croup, bronchiolitis or pneumonia, decreased energy, headache, muscle aches and pains, nasal congestion, nausea and sore throat. The flu shot is the best way to reduce infection and spread, yet the shot alone is not 100% effective.

Here are some things that providers can do to help stop the flu from spreading:

- Encourage staff and children (over the age of 6 months) to receive a flu shot
- Isolate an ill child from care
- Ensure all staff and children wash their hands frequently
- Clean all toys and surfaces that come into contact with children during care

Please see Appendix A of OAC rule 5101:2-14-13 which gives a schedule for cleaning and sanitizing items for Type B Homes. Programs may also choose to partner with their local health department for additional resources.