The relationship between trauma and bullying

- **FACT** Children who are victims of trauma often have difficulty developing appropriate social skills and are thus more likely to become victims of bullying later in life.

- 41% of kids who have had at least 3 Adverse Childhood Experiences (ACEs) demonstrate negative behaviors like bullying.

- **FACT** As the number of ACEs increased, the likelihood of adolescent violence related perpetration (including bullying) also increased.

Being bullied can lead to PTSD

- For all bullied students, 27.6% of boys and 40.5% of girls had PTSD scores within the clinical range.

- Those who both bully and are bullied had even worse symptoms.

- Because bullying is ongoing and typically goes undetected, many children who are bullied can develop symptoms of PTSD.

What does this tell us?

- Just implementing a bullying prevention and intervention program without also addressing trauma may be missing the needs of many children.

- Just implementing trauma interventions without also addressing bullying may be ignoring a potential and current source of trauma.