

# Birth to Eight Months

## Ohio's Infant & Toddler Guidelines

### Physical Health



#### Health Practices

I need to receive check-ups at birth and at one, two, and four months of age.

I will display drooling, irritability and sore gums caused by tooth eruption.

#### Oral Health

#### Positive Nutritional Status

I will double my birthweight by the time I reach four to six months of age.



### Emotional Development

I may stop crying upon seeing a face or hearing a voice.

#### Attachment

#### Expression of Emotion

I may smile at my caregiver when (s)he rocks me and sings to me.

I may not experience distress when my mommy leaves the room.

#### Self-Awareness

#### Emotional Self-Regulation

I may calm myself when I'm upset by sucking on my fingers or hand.



### Social Development

I may babble back and forth with a caregiver.

#### Attachment



I may match the facial expressions of an adult.

#### Expression of Social Behavior



I may smile and light up when my big brother comes to talk to me.

#### Awareness of Social Behavior

### Motor Development

I may roll from front to back or back to front.

#### Large Muscle



I may grasp my mother's finger when she places it in my tiny palm.

#### Small Muscle

#### Oral-Motor

I may use my tongue to move food inside my mouth.



### Language & Communication Development



#### Comprehending Language

I may watch my grandmother's face as she speaks to me.

I may use gestures or expressions to indicate my wants, needs or feelings.

#### Expressing Language

#### Social Communication

I may gaze at my caregiver during a feeding.

I may cuddle and look at my caregiver's face while I am being read to.

#### Early Literacy

### Cognitive Development

I may snuggle happily with my special blanket when I find it in a pile of fresh laundry.

#### Discoveries of Infancy



#### Attention & Persistence

I may show more interest in a new toy than an old one.



# Six to 18 Months

## Ohio's Infant & Toddler Guidelines

### Physical Health



#### Health Practices

I need to receive check-ups at nine, 12, 15, and 18 months of age.

I will display eruption of the lower and upper central and lateral incisors, canines and first molars.

#### Oral Health



I will triple my birthweight by the time I reach 12 to 18 months of age.

#### Positive Nutritional Status

### Emotional Development

I may cry out or follow my mom when she leaves the room.

#### Attachment

#### Expression of Emotion

I may show affection for my caregiver by hugging her.

I may begin to identify parts of the body.

#### Self-Awareness



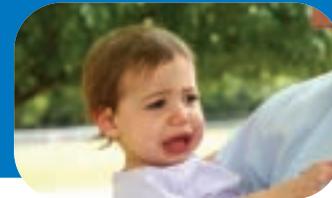
I may try to control my expression of distress by biting my lip or hugging myself.

#### Emotional Self-Regulation

### Social Development

I may display anxiety when an unfamiliar adult gets too close to me.

#### Attachment



I may roll a ball with a peer.

#### Expression of Social Behavior



I may show anxiety when my dad leaves.

#### Awareness of Social Behavior

### Motor Development

I may get into and out of a sitting position independently.

#### Large Muscle

#### Small Muscle

I may put a block back in the plastic bin.



I may drink from a sippy cup.

#### Oral-Motor



### Language & Communication Development

I may reach for my bottle when I am asked, "Do you want your bottle?"

#### Comprehending Language



I may shake my head back and forth and say, "no" when I don't want to do something.

#### Expressing Language

#### Social Communication

I may play "peek-a-boo" with my aunt.

I may follow my mom's gaze to look at a picture in a book.

#### Early Literacy

### Cognitive Development

I may get myself stuck in a tight space when exploring.

#### Discoveries of Infancy



I may fill a bucket with sand or stack blocks again and again.

#### Attention & Persistence



# Sixteen to 36 Months

## Ohio's Infant & Toddler Guidelines

### Physical Health



#### Health Practices

I need to receive check-ups at 24 and 36 months of age.

I will display eruption of the lower and upper lateral incisors, canines and first and second molars.

#### Oral Health



#### Positive Nutritional Status

I will gain approximately 4.5 to 6.5 pounds per year.

### Emotional Development

I may gesture for one more hug as my daddy is leaving for work.

#### Attachment



I may hide my face in my hands when feeling embarrassed.

#### Expression of Emotion

#### Self-Awareness

I may point to myself in a family photograph.

I may reenact emotional events in my play in order to gain mastery.

#### Emotional Self-Regulation

### Social Development

I may say, "I go to school, Mama goes to work," after my mom drops me off in the morning.

#### Attachment



I may practice being a grown-up in my pretend play by dressing up or using a play stove.

#### Expression of Social Behavior



I may talk on the phone and walk around like I've seen my mommy do at home.

#### Awareness of Social Behavior

### Motor Development

I may walk up and down stairs, alternating my feet, one on each step.

#### Large Muscle

#### Small Muscle

I may make snips in a piece of paper with child-sized scissors.



#### Oral-Motor

I may drink from an open cup, usually without spilling.



### Language & Communication Development

I may point to my shoes or socks when my caregiver asks, "Where are your shoes?"

#### Comprehending Language

#### Expressing Language

I may begin to say, "bottle" instead of "baba" when wanting a drink.

I may say "please" when I'm asking for something.

#### Social Communication



I may draw a circle and a straight line after watching someone else do it.

#### Early Literacy

### Cognitive Development

I may use eating utensils.

#### Discoveries of Infancy



I may engage in solitary play for a short time.

#### Attention & Persistence

