



Pause for a child

Be aware of abuse, and take action when you suspect it or see it.

Things to know,

- Many people think child abuse is limited to physical harm. In reality, child abuse includes: physical abuse, physical neglect, sexual abuse, and emotional/mental maltreatment.
- Most child abuse and neglect is not a one time event but usually occurs in a pattern over time.
- Many children are subject to more than one form of abuse.

If you suspect a child is being abuse or neglected, contact your local department of social services.

It shouldn't hurt to be a child.

