



Pause for a child

Even as your children grow older, they need you to help keep them safe. Teens and tweens (ages 9 to 12) may think they know best, but your guidance is still important. Take great care, especially when it comes to:

Sleepovers -

Introduce yourself to the friend's parents and make sure that they're going to be home the entire night. Remind your child of your ground rules.

Dating -

Meet anyone she plans to date. Find out details about the date, including where they're going, who's driving, and when your teen plans to be home. Let your teen know that if she wants to leave the date at any time, you will come get her, no questions asked.

Sexting -

Sexting is sharing nude or inappropriate pictures by sending them through a cell phone or on other web devices. Make sure your child knows this activity is illegal. Tell him to report any nude pictures that he receives to you or another trusted adult. Do not delete the picture; let the authorities handle the situation.

