

incredibleyears

Baby Parent Group Leader

Trainer: Kimberlee Shoecraft, MSW





This 2-day training is designed for parent group leaders, regardless of whether they have completed the Basic Parent Group Leader Training for young children (although it can be beneficial to attend the 3-day Basic training first). This 8-9 session program focuses on teaching parents how to provide nurturing parenting to babies including offering physical, tactile, verbal and visual stimulation, coping with crying babies, safety proofing one's house, and understanding the developmental needs of babies. Parents will learn about managing issues such as crying babies, feeding and diapering problems, and leaders will take advantage of the babies' presence in the group to set up practices (for example, baby massage). The curriculum uses Webster-Stratton's book *Incredible Babies* as the text for parents.

Day 1

- Introductions and Goals of Participants
- Review of Agenda
- Overview of Baby Group (DVD) Content and Methods
- Ground Rules for Workshop

Starting the Program

Part 1: Becoming a Parent – getting to Know Your Baby (strengthening relationship neurons)

- Mediating Vignettes
- Buzz with Partner
- Practice with Babies
- Some Logistics

Part 2: Parents as Responsive Communicators and Babies as Intelligent Language Learners (Cognitive development Neurons)

- Mediating Vignettes – Language Development
- Singing
- Closing Sessions – refrigerator notes, home activities, Self-monitoring, evaluations

Day 2

Part 3: Providing Physical, Tactile, and Visual Stimulation

- Breakout in buddy groups to plan questions
- Practice aerobics, massage, or reading with soft books
- Review leadership processes – principles, baby alerts, Things I can do

Part 4: Parents Learning to Read Baby's Minds (emotional Development)

- Bedtime Rituals

Part 5: Gaining Supports

Part 6: Emerging Sense of Self (Feeding)
Evaluations

**This training is limited to 25 participants.
Openings will be filled on a first come basis.**

WHEN

**NOVEMBER 29 – 30, 2017
8:30 a.m. – 4:30 p.m.**

WHO

**Grantees who need IY
Baby Parent Training**

WHERE

**Ohio Fire Academy
8895 E. Main Street
Reynoldsburg, Ohio 43068**



Registration for this training is \$270.00 per person and includes trainer fees, workbooks and books.

Each participant is also responsible for their own travel, accommodations and meals for this training.



Ohio Children's Trust Fund
Ohio's Prevent Child Abuse America Chapter