

National_Child_Abuse_Month_Cabot_NOmusic

This is Cabot Rae from NBC 4. Parenting isn't easy. The next time a child is a source of stress, frustration or anger ... **pause** and take a moment to calm down before reacting.

April is National Child Abuse and Neglect Prevention Month, and the Ohio Children's Trust Fund reminds you that we all play a part in preventing child abuse and neglect.

Find out how you can create positive changes in your community by visiting the Ohio Children's Trust Fund at **jfs.ohio.gov** .

No matter how fast our lives are moving, it is critical that we take time to pause for a child.