



Erie County—22

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Resources:

The Incredible Years Parenting Program: Through Bayshore Counseling Services Prevention Department, we offer The Incredible Years Parenting Program on a limited basis. This is an evidenced based program that helps parents develop greater awareness and skills in the use of play, reinforcement, non-violent discipline techniques, logical consequences and increase their competence in problem solving with their children.

We also offer the Put Parenting First Program through a grant from ODADAS. This is a family strengthening program that provides families with techniques/skills needed to be a successful parent. This program is designed to give parents some tools needed to be a prevention minded protective parent. Classes cover information on building self-esteem, child safety, developmental stages, nutrition, discipline, quality parenting and communication skills.

To enroll in either program the parent needs to contact Bayshore Counseling Services, 1218 Cleveland Road, Sandusky, Ohio 44870- (419-626-9156 or 1-800-686-0088. The contact person at this time is Donna Kelley OCPS1, Prevention Supervisor.