



Ashland County—03

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Resources:

Appleseed Community Mental Health: R.E.A.C.H.-teacher & parent training & preschool child groups, counseling for all ages, home based therapy, stress/anger management, school/community Liaison program, Incredible Years for parents with children 2-10 years, 24 hour crisis hot line 888-400-8500.

Contact information: 419-281-3716

Ashland County Council on Alcoholism & Drug Abuse: Teen Institute, counseling, Beginning Alcohol and Addiction, Basic Education Studies (BABES), Tobacco Risk Awareness, Program (TRAP), and Study of Substances (SOS).

Contact information: 419-289-7675

Ashland County Early Intervention Program (Dale Roy School): Developmental evaluations for children 0-3; physical, occupational, and speech/language therapy services; parent education and training by licensed educators; center-based classes for socialization of children and parent interaction/support; home visitation program; family support services.

Contact information: 419-289-0470

Ashland Parenting Plus: Teen pregnancy prevention & empowerment groups, juvenile diversion mentoring program, parent education.

Contact information: 419-281-3788

Catholic Charities Community Services: Child assault prevention, Parent Support Mentoring/ABC, ACT, teen mentoring, counseling for children & adults.

Contact information: 419-289-1903

Dale Roy School: Ashland County Board of Mental Retardation & Developmental Disabilities: Developmental evaluations for birth through 2 years old. Preschool and school age educational services.

Contact information: 419-289-0470

Head Start (4 Ashland County Sites): Education, health, nutrition, parent involvement, social services, children's disability needs and mental health.

Contact information: Kno-Ho-Co-Ashland Community Action Commission
(Ashland) 419-281-8001
(Hayesville) 419-368-8349
(Loudonville) 419-994-3258
(Sullivan) 419-736-2787

Help Me Grow: Family service plans for expectant families and children 0-3; health, hearing, vision, nutrition & developmental assessments, parent education, services for children with disabilities and family support

Contact information: Tri Co. Education Service Center
419-289-9227

New Beginnings at City Hill: Family centered child and adolescent mental health assessment, individual and family counseling, psychiatric care, home-based services, and faith based parent education.

Contact information: 419-289-0970

Tri County Preschools: Serves children both with and without developmental delays.

Contact information: Tri County Education Service Center
419-281-4239

Family Networking Team: Developed by parents for parents to network with others whose children receive services or are on an IEP and to learn how to be a resourceful parent. Child care, pot luck dinner and special subgroups such as fathers groups, families with autism and families with ADHD children. **Meetings:** last Tuesdays of each month at Trinity Lutheran Church, 508 Center St., Ashland, OH 6-8PM.

Contact information: Ashland County Family and Children First Council
419-281-1212

Hand-To-Hand: For families who may have children already diagnosed, in the process of being diagnosed, or in treatment and involved with agencies and schools. **9 week classes:** at Mental Health and Recovery Board, 1605 County Rd. 1095, Ashland, OH 6:30-8:30PM.

Contact information: National Alliance on Mental Illness (NAMI)
419-281-3139

Linking Individuals With Neighbors, Community And Support (LINCS): Help in finding food, clothing, utility payment & rent assistance. Group meetings dealing with family conflicts. **Meetings:** every Wednesday at the Salvation Kroc Army, 40 E. 3rd St. Ashland, OH 5:30-7:30PM.

Contact information: 419-281-8001

RAPP: This program is a support system for relatives who are providing parental care for children. **Meetings:** 3rd Wednesday of each Month at The Salvation Army Kroc Center, 527 E. Liberty Street, Ashland, OH 6-7:30PM.

Contact information: 419-281-8001

Teen Parents Support Group: Support group for teens, moms, dads or teens expecting a baby. Learn to balance and embrace the many roles you will now have In your life: being a parent, finishing school, planning for your future, making time for yourself. **Meetings:** Last Thursday of each Month at the Salvation Army Kroc Center, 527 E. Liberty Street, Ashland, OH 5-6PM.

Contact information: 419-945-1441 or 419-289-9227

Ashland Care Center Baby Bucks Program: Women who counsel with us and have a positive pregnancy test are eligible for our Baby Bucks Program which provides education on parental issues. Fathers are welcome to enroll as well.

Contact information: Ashland Care Center

Nicole Patterson

419-281-1111

Email: nicole@ashlandcarecenter.org

Website: www.ashlandcarecenter.org

Ashland County Council on Alcoholism and Drug Abuse: Parenting skills for recovering parents with children.

Contact information: ACCADA

Susan Drushel

419-289-7675

Email: suedrushel@zoominternet.net or

accada1@zoominternet.net

Ashland County Early Intervention Program (Dale Roy School): For any family with children ages 0-3 with a suspected developmental delay or medical diagnosis; free developmental evaluations; parent education and support; home-based instruction and center-based classes; family support services.

Contact information: Ashland Co. Bd. Of DD

Kathy Wallace @ 419-289-0470

Email: k.wallace@daleroy.org

Ashland County Help Me Grow: For any family with children Prenatal to three years old with a medical diagnosis, a developmental delay or are low income. Home-based.

Contact information: Tri-County ESC

Kathy Gertel or Kendra Roberts

419-289-9227

Email: Hmg_gertel@tccsa.net or Hmg_roberts@tccsa.net

Website: www.ohiohelpmegrow.org

Divorcing Parents Class: For parents who are getting a divorce in Ashland County.

Contact information: Ashland Parenting Plus
Erin Schaefer @ 419-281-3788
Email: erin@parentingplus.org
Website: www.parentingplus.org

Family Regulatory Therapy and Education: For parents/natural supports (extended family, neighbors, baby-sitters, youth ministers, tutors) with children from age four to eighteen to receive education and support focusing on strengths kids and families have through relationship, regulation for the family unit and a love based approach to parenting and discipline.

Contact information: New Beginnings at City Hill
Tabitha or Karen
419-289-0970

Fatherhood Group: These groups form as there are enough interested participants.

Contact information: Ashland Parenting Plus
Erin Schaefer @ 419-281-3788
Email: erin@parentingplus.org
Website: www.parentingplus.org

Incredible Years: Parent and Children Series: For parents with children aged 2-10 years with a variety of conduct problems such as destructive acts and high aggression. Help parents change their responses to child behaviors to increase positive family interactions.

Contact information: Appleseed Community Mental Health Center
Adam Baker @ 419-281-3716
Email: adambak@appleseedcmcc.org

Parent Education: Education program on parenting for any parent in Ashland County. Home-based.

Contact information: Ashland Parenting Plus
Marilyn Koop or Erin Schaefer @ 419-281-3788
Email: marilyn@parentingplus.org or erin@parentingplus.org
Website: www.parentingplus.org

Parent Mentor Program: Parents who need information and support on special education issues. Resource library contains a parenting section.

Contact information: Ohio Department of Education/
Office for Exceptional Children
Sue Larussa or Jeanine Belsterling
419-289-7965
(Ashland City Schools)
All others schools in Ashland Co. please

contact: Mary Mertic @ 330-289-7252
Email: sularuss@ashlandcityschools.org or
jebelste@ashlandcityschools.org

Parent Support Mentoring: For families with children from age zero to eighteen to receive resources for child assault prevention and positive parenting. Home-based, individualized.

Contact information: Catholic Charities Community Services-Ashland
Pamela Bugara
419-289-1903 ext. 11
Email: psbugara@clevelandcatholiccharities.org
Website:
<http://www.clevelandcatholiccharities.org/ccinashland.thml>

R.E.A.C.H Initiative (Resiliency in Early-Aged Children and their Homes): Teachers, families and caretakers of children ages three to eight to equip them in assisting the enhancement of social and emotional functioning in children.

Contact information: Appleseed Community Mental Health Center
Adam Baker
419-281-3716
Email: adambak@appleseedcmhc.org

Strengthening Ashland County Families Effort: For parents/caregivers of children ages nine to fifteen, a seven week session to strengthen families. Meet at a variety of county locations.

Contact information: Catholic Charities Community Services-Ashland
Pamela Bugara
419-289-1903 ext. 11
Email: psbugara@clevelandcatholiccharities.org
Website:
<http://www.clevelandcatholiccharities.org/ccinashland.html>