

incredibleyears

DINOSAUR CHILD EMOTION, SOCIAL SKILLS AND PROBLEM-SOLVING
TRAINING FOR CHILD GROUP LEADERS

Trainer: Jamila Reid, PhD





Jamila Reid, Ph.D. will provide in-depth discussion and training for group leaders in the empirically supported Incredible Years programs.

Dinosaur Child Emotion, Social Skills and Problem-Solving Training for Children

This 3-day workshop will present in depth the child training program designed by Dr. Webster-Stratton to promote children's non-aggressive ways to solve common conflicts, appropriate classroom behaviors, and positive social skills with other children and adults. The workshop will cover how to teach children to understand feelings, problem-solve, regulate emotions, learn how to be friendly and how to talk with friends, and how to do their best in school. The intervention program is appropriate for use by clinicians/therapists with small groups of children with behavior problems (preschool through grade 3), either in mental health settings or in schools as "pull out" sessions. Background of participants should include experience with groups of children and a graduate degree in social work, psychology, education, nursing or counseling.

About the Trainer

Jamila Reid, Ph.D. is a clinical child psychologist who has worked at the University of Washington Parenting Clinic with Dr. Webster-Stratton. She is a certified trainer in the child dinosaur treatment program for children with oppositional defiant disorder and conduct problems as well as classroom-based dinosaur curriculum and teacher classroom management program. She was co-investigator with Dr. Webster-Stratton on a grant evaluating these school-based programs in Head Start and primary grades, as well as a grant targeting children with Attention Deficit Disorder. She has published numerous articles with Dr. Webster-Stratton, and trains and mentors child group leaders and teachers in the dinosaur and teacher programs.

The training is limited to 25 participants.
Openings will be filled on a first come basis.

WHEN

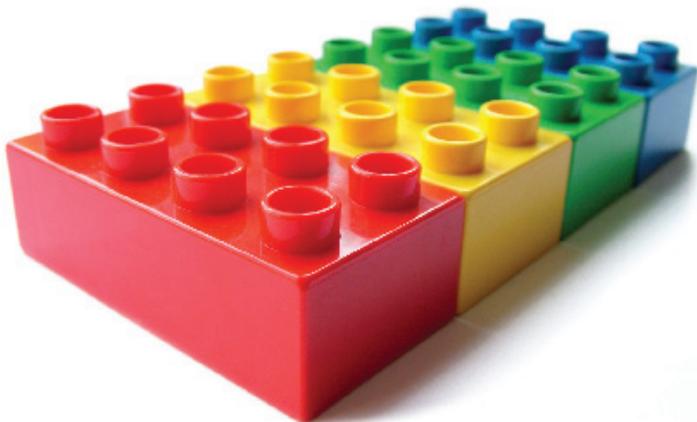
December 5–7, 2012
8:30 a.m to 4:00 p.m.

WHO

OCTF IY Grantees who need IY Small Group Training.

WHERE

State Library of Ohio
274 E. First Ave.
Columbus, OH 43201



The Ohio Children's Trust Fund is sponsoring the training at no cost for the training and materials. Your only costs will include travel, accommodations and meals for the three-day session.



Goals of the child training series are to:

- Promote child emotional, social and academic competencies and reduce aggressive and noncompliant behaviors.
- Strengthen children's social skills and appropriate play skills (turn-taking, waiting, asking, sharing, helping and complimenting).
- Promote children's use of self-control strategies such as effective problem-solving steps and effective anger management strategies.
- Increase emotional awareness by labeling feelings, recognizing the differing views of oneself and others, and enhancing perspective-taking.
- Boost academic success, reading and school readiness.
- Reduce defiance, aggressive behavior, and related conduct problems such as noncompliance, peer aggression and rejection, bullying, stealing and lying.
- Decrease children's negative cognitive attributions and conflict management approaches.
- Increase self-esteem and self-confidence.

Day 1

Agenda

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| Morning | Overview of Incredible Years Child Program Preview DVD Research findings Content: Making new friends and learning school rules (Apatosaurus Unit) |
| Afternoon | Content: Dina Dinosaur teaches how to do your best in school (Iguanodon Unit) Methods: Use of vignettes, activities, puppets, role playing & practice Coordination with parent and/or teacher program |



Agenda

Day 2

Morning

Emotion:

Social and Persistence Coaching

Content:

Detecting and Understanding Feelings (Triceratops Unit)

Afternoon

Methods:

Time Out, behavior plans, home activities, parent & teacher involvement

Day 3

Morning

Content:

Problem Solving and Anger Management (Stegosaurus and T- Rex Unit)

Methods:

Time Out, behavior plans, home activities, parent & teacher involvement

Afternoon

Content:

How to be Friendly (Allosaurus & Brachiosaurus Units)

Ending Dinosaur School

Certification of group leaders

Steps to implementation of new program





IY Small Group Training: Dec. 5-7, 2012, Columbus—please print clearly

Name _____

Home Address:

Street _____

City _____ State/Providence _____ Zip _____

County _____

Work Address:

Street _____

City _____ State/Providence _____ Zip _____

County _____

Phone: Home (_____) _____ Work (_____) _____

Email: _____ Fax: (_____) _____

Position/Title _____ Agency _____

Highest Degree _____

Professional Education (or Title) in Organization (Mark all that apply)

- a. Special needs education (special education)
- b. Psychologist
- c. Social work / Social Care / Mental Health Counselor
- d. Child educational therapist
- e. Nurse
- f. Teacher
- g. School Psychologist / Counselor
- h. Psychiatrist / Physician
- i. Administration
- j. Health Visitor
- k. Nursery Nurse
- l. Family Support / Family Advocacy Worker / Liaison
- m. Learning Mentor
- n. Educational Welfare
- o. Early Childhood Educator
- p. Parent/Community / Health Educator
- q. Other (specify) _____

Age of Children you will be using IY Programs with: 2-3 yrs ___ 4-5 yrs ___ 6-8 yrs ___

Will you be requesting CPEs? _____ Counselor _____ Social Worker