

# incredibleyears

EFFECTIVE CLASSROOM MANAGEMENT AND DINA DINOSAUR CHILD SOCIAL  
SKILLS AND PROBLEM-SOLVING TRAINING FOR THE CLASSROOM

Trainer: Jamila Reid, PhD





Jamila Reid, Ph.D. will provide in-depth discussion and training for group leaders in the empirically supported Incredible Years programs.

### **Effective Classroom Management and Dina Dinosaur Child Social Skills and Problem-solving Training for the Classroom**

This 3-day workshop presents aspects of effective classroom management skills including: proactive teaching strategies, use of encouragement and incentives to enhance social and emotional competence, strategies to manage misbehavior in the classroom and to foster positive relationships with difficult students, and collaborative approaches to working with parents and enhancing home-school connections. Additionally the workshop will cover how teachers can deliver the Dinosaur Social Skills and Problem-Solving curriculum as a classroom-based prevention program for all students (nursery through grade six, primary school). Circle time lesson plans, small group activities and promotion strategies designed to promote key social skills will be role-played and discussed. This training will be applicable to teachers, behavior support and school counselors or psychologists.

#### **About the Trainer**

Jamila Reid, Ph.D. is a clinical child psychologist who has worked at the University of Washington Parenting Clinic with Dr. Webster-Stratton. She is a certified trainer in the child dinosaur treatment program for children with oppositional defiant disorder and conduct problems as well as classroom-based dinosaur curriculum and teacher classroom management program. She is co-investigator with Dr. Webster-Stratton on a grant evaluating these school-based programs in Head Start and primary grades, as well as a grant targeting children with Attention Deficit Disorder. She has published numerous articles with Dr. Webster-Stratton, and trains and mentors child group leaders and teachers in the dinosaur and teacher programs.

The training is limited to 25 participants.  
Openings will be filled on a first come basis.

# WHEN

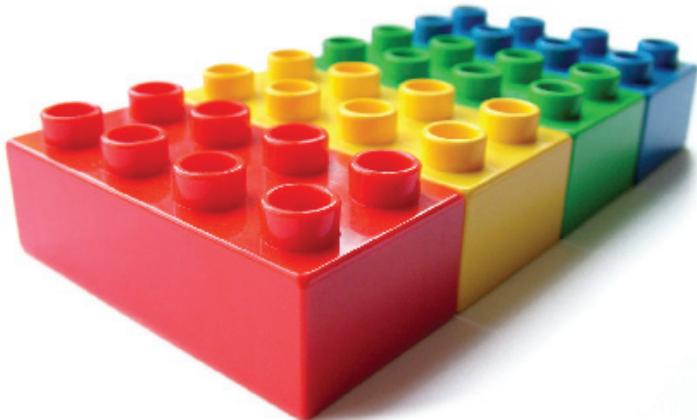
November 7–9, 2012  
8:30 a.m to 4:00 p.m.

# WHO

OCTF IY Grantees who need IY Dina Classroom.

# WHERE

OCWTP Regional Training Center–North  
3955 Euclid Ave.  
Cleveland, OH 44115



The Ohio Children's Trust Fund is sponsoring  
the training at no cost for the training and materials.  
Your only costs will include travel, accommodations  
and meals for the three-day session.



## Goals of the child training series are to:

- Promote child emotional, social and academic competencies and reduce aggressive and noncompliant behaviors.
- Strengthen children’s social skills and appropriate play skills (turn-taking, waiting, asking, sharing, helping and complimenting).
- Promote children’s use of self-control strategies such as effective problem-solving steps and effective anger management strategies.
- Increase emotional awareness by labeling feelings, recognizing the differing views of oneself and others, and enhancing perspective-taking.
- Boost academic success, reading and school readiness.
- Reduce defiance, aggressive behavior, and related conduct problems such as noncompliance, peer aggression and rejection, bullying, stealing and lying.
- Decrease children’s negative cognitive attributions and conflict management approaches.
- Increase self-esteem and self-confidence.

## Day 1

# Agenda

Morning	Welcome and Introduction Overview of Dinosaur Program “Dina Tour” Break The Proactive Teacher
Lunch	
Afternoon	Building Relationships with Students Small Group Break Outs/Individual Behavior Plans Break Peer Coaching and Child-Directed Play Using Puppets and Puppet Practice Assignment Evaluation



# Agenda

## Day 2

Morning	The Importance of Teacher Attention, Encouragement and Praise Using Incentives to Motivate Students Break Small Group Break Outs/Behavior Plans Apatosaurus Unit & Iguanodon Unit 2 – “Dinosaur School”
Lunch	
Afternoon	Triceratops Unit 3: Feelings Small Group Break Outs to Practice Lesson Dialogic Reading Evaluation

## Day 3

Morning	Debriefing/Sharing Managing Misbehavior Small group Break Out/Behavior Plans
Lunch	
Afternoon	Stegasaurus Unit 4: Problem Solving T-Rex Unit 5: Anger Management Allosaurus Unit 6: How to be Friendly Promotion Activities Certification Evaluation





IY Dina Classroom Training: Nov. 7-9, 2012, Cleveland—please print clearly

Name \_\_\_\_\_

**Home Address:**

Street \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_

**Work Address:**

Street \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_

Phone: Home (\_\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_

Position/Title \_\_\_\_\_ Agency \_\_\_\_\_

Highest Degree \_\_\_\_\_

**Professional Education (or Title) in Organization (Mark all that apply)**

- a. Special needs education (special education)
- b. Psychologist
- c. Social work / Social Care / Mental Health Counselor
- d. Child educational therapist
- e. Nurse
- f. Teacher
- g. School Psychologist / Counselor
- h. Psychiatrist / Physician
- i. Administration
- j. Health Visitor
- k. Nursery Nurse
- l. Family Support / Family Advocacy Worker / Liaison
- m. Learning Mentor
- n. Educational Welfare
- o. Early Childhood Educator
- p. Parent/Community / Health Educator
- q. Other (specify) \_\_\_\_\_

Age of Children you will be using IY Programs with: 2-3 yrs \_\_\_ 4-5 yrs \_\_\_ 6-8 yrs \_\_\_

Will you be requesting CPEs? \_\_\_\_\_ Counselor \_\_\_\_\_ Social Worker